



## INFORMATION

### NATURISM IN PORTUGAL

#### Federação Portuguesa de Naturismo – FPN

Rua da Quinta das Lavadeiras, 14 A  
1750-239 Lisboa – Tf. +351 964596641  
POBox: Apartado 3232 P – 1303-903 Lisboa  
E-mail: [fpn@fpn.pt](mailto:fpn@fpn.pt) Web: [www.fpn.pt](http://www.fpn.pt)

#### Naturist Camping's:

##### **01 - Quinta dos Carrichos – FPN recognized**

Salema 8650-196 Budens (Vila do Bispo - Algarve)  
E-mail: [quintacarrico@oninet.pt](mailto:quintacarrico@oninet.pt)  
Web: <http://www.quintadoscarricos.com/>  
T. +351 282 695 201/400 Fax +351 282 695 122

##### **02 - Quinta das Oliveiras – FPN recognized**

Andorinha – 3405-498 Travanca de Lagos  
POBox: Apartado 27 - 3400 Oliveira do Hospital  
E-mail: [campismo.nat@clix.pt](mailto:campismo.nat@clix.pt)  
Web: <http://www.quinta-das-oliveiras.com/en/index.html>  
T./Fax +351 235 466 007 and +351 962 621 287

##### **03 - Monte Naturista “O Barão” – FPN recognized**

Foros do Barão – Abela – Santiago do Cacém  
POBox: Apartado 22 – 7566-909 Ermidas do Sado  
E-mail: [info@montenaturista.com](mailto:info@montenaturista.com)  
Web: [http://www.montenaturista.com/home\\_e.php](http://www.montenaturista.com/home_e.php)  
T. +351 936 710 623

#### Naturist “guesthouses”:

##### **04 – Naturest – FPN recognized**

Estacas Velhas – Cortebrique - 7665-858 Santa Clara a Velha  
E-mail: [naturest@clix.pt](mailto:naturest@clix.pt)  
Web: <http://www.naturest-portugal.com/>  
T. +351 283 933 231

##### **05 – Quinta da Vista – FPN recognized**

Tinhosas – 8300 Silves  
Web: <http://www.algarvesun.eu.com/>  
T. +351 282 444 874

#### Other Nudists/Naturists or “Clothes Free” opportunities: (FPN not yet recognized)

- Quinta da Horta  
<http://www.naturist-holidays-portugal.com>

#### Other naturist opportunities by FPN:

**SwimmingPool** – Piscina Municipal Baptista Pereira, Av. de Ceuta (Alcântara) in Lisbon – 17pm to 19pm in the 2nd Sunday of each month, between October and May.

#### Official Naturist Beaches - FPN recognized:

##### **Lisbon/Setúbal region**

- Bela Vista beach, Costa da Caparica – Almada -
- Meco beach, Alfarim – Sesimbra

##### **Alentejo Coast**

- Salto beach, Porto Covo – Sines

##### **Algarve**

- Adegas beach – Odeceixe – (north of) Aljezur
- Barril beach, Ilha de Tavira – Tavira

#### Naturist unofficial beaches (FPN recommended): North

- Estela beach – (north of) – Aguçadoura - Póvoa do Varzim

##### **Center**

- Palheirão beach, Tocha – Cantanhede
- Cova-Gala beach, south of Figueira da Foz
- Salgado beach, Famalicão – Nazaré

##### **Lisbon/Setúbal region**

- Adiça beach, Fonte da Telha – Costa da Caparica

##### **Alentejo Coast**

- Malhão beach – Vila Nova de Milfontes
- Furnas (south) beach – Vila Nova de Milfontes
- Alteirinhos (south) – Zambujeira do Mar

##### **Algarve**

- Beliche beach – north of Sagres
- Zavial beach – Vila do Bispo
- Figueira/Furnas beach – (near Carrichos Camping)
- Canavial – Porto de Mós - Lagos
- Meia Praia beach (in the meadle zone) - Lagos
- Armona island beach – Fuzeta

#### Other naturist “tolerated” beaches:

##### **Center**

- Costa Nova - Aveiro
- Palheiros – Quiaios
- Osso da Baleia - Pombal
- Almagreira – Baleal – Peniche

##### **Lisbon/Setúbal region**

- Comporta – Tróia – Setúbal

##### **Alentejo coast**

- Fontainhas – Galé – Melides

#### **FPN is a member of International Naturist Federation**

